



STONINGTON NATURAL HEALTH CENTER



Acupuncture Menu

Acupuncture | Herbal Consultation

- New or ReActivation Acupuncture 320
- Return Patient Acupuncture 160

NeuroAcupuncture

- New or Reactivation NeuroAcupuncture 400
- Return NeuroAcupuncture 280

Facelift Acupuncture

- New or Reactivation Facelift 460
- Return Facelift 300

More Bliss

- Part 2 Back Points ~~160~~ 100
- BioMat 60 | with Treatment 40

Auricular

- Ear Acupuncture in a Private Room 80
- Ear Acupuncture in a Comfy Chair 40



STONINGTON NATURAL HEALTH CENTER

Naomi Galindo, LMT Massage Menu

A blend of techniques of Swedish, Relaxation, stretching and your choice of one targeted area of Deep Tissue to melt away specific tight muscles. Relax on our heated or non-heated tables with or without warm towels provided for your comfort.



- 30 Minute Customized \$70
- 60 Minute Customized \$125
- 90 Minute Customized \$170

60 Minute Detox \$115

Himalayan Salt
Stone Massage \$180

Enhance Healing ~ Add Ons

- Cupping +\$20
- Full Body Deep Tissue +\$20
- Hot Stones +\$20

107 Wilcox Road • Suite 103 • Stonington, CT 06378
Your Place for Health, Healing, & Happiness
860-536-3880 www.snhc.com



STONINGTON NATURAL HEALTH CENTER

Dylan Kirchner, LMT Massage Menu

Dylan believes that massage can be an incredibly powerful tool that positively effects you on multiple levels, whether it be relief from pain or stress to manipulating the body in certain ways to stimulate organs and improve flexibility.



- 30 Minute Customized \$70
- 60 Minute Customized \$125
- 90 Minute Customized \$170
- 60 Minute Thai Massage \$145
- 90 Minute Thai Massage \$190

Enhance Healing ~ Add Ons

- Cupping +\$20
- Full Body Deep Tissue +\$20
- Hot Stones +\$20

107 Wilcox Road • Suite 103 • Stonington, CT 06378
Your Place for Health, Healing, & Happiness
860-536-3880 www.snhc.com



STONINGTON NATURAL HEALTH CENTER

Maria O'Callaghan, LMT Massage Menu

Sessions with Maria are thoughtfully designed to meet immediate needs while activating the parasympathetic nervous system for deep rest and repair.



- 30 Minute Customized \$70
- 60 Minute Customized \$125
- 90 Minute Customized \$170

Enhance Healing ~ Add Ons

- CranioSacral Therapy +\$20
- Reiki +\$20
- Full Body Deep Tissue +\$20
- Hot Stones +\$20

107 Wilcox Road • Suite 103 • Stonington, CT 06378
Your Place for Health, Healing, & Happiness
860-536-3880 www.snhc.com